

The 1st Law of Social Fabrics, as instincts, the 'id':

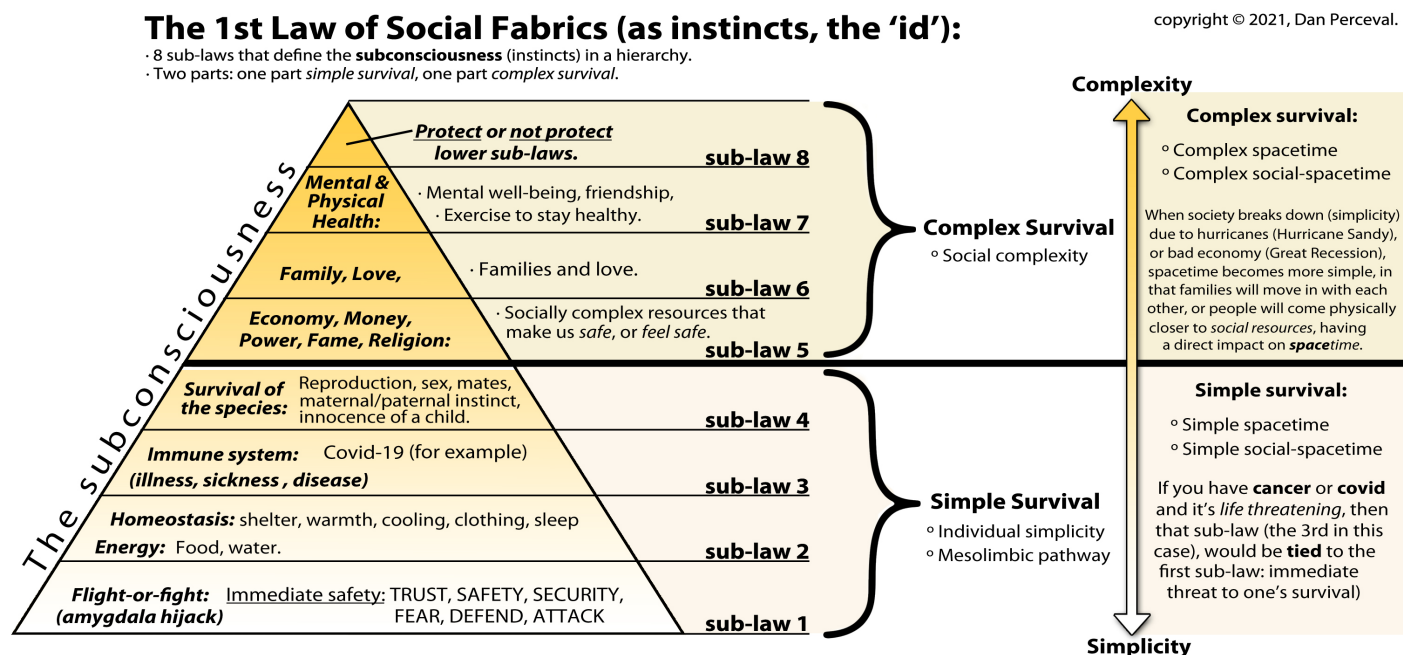
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info@XtremeIceSkating.com

The contention is the following:

Maslow's Hierarchy of Needs is wrong because he puts physiological needs first, instead of safety. "

- 1) I will show an image of what I call the **1st Law of Social Fabrics**, which represents the subconsciousness, as the 'id', which is our human *instincts*.
- 2) I will claim how the subconsciousness should be redefined.
- 3) Then I will describe *how* it works and *why* it is correct, based on the new model (the 1st Law which is the image).
- 4) I will claim how the current understanding of Maslow's Hierarchy of Needs, is *wrong*, which is taught in universities.

1. The new model (The 1st Law of Social Fabrics):



2. CLAIMS:

- I used the word "Law" because the "Laws Of Social Fabrics" describe our bodily systems which work in accordance to flight-or-flight, energy and homeostasis, immune system, and survival of the species (reproduction) which works in accordance to our bodies in nature.

The 1st Law of Social Fabrics, I claim:

- Represents 8 sub-laws, which defines human instincts.
- Is made up of two distinct parts: simple survival, and complex survival.
- Goes from simplicity (at the bottom) to complexity (at the top).
- Starts with simplicity (1st sub-law: flight-or-flight), and works its way to complexity (8th sub-law: protect or not protect lower sub-laws).
- Defines the subconsciousness as instincts (survival).
- The phrase: "survival mechanisms," meaning, that which represents human instincts.
- The first 4 sub-laws represents simple survival: our bodily systems that keep us alive. This includes the following: 1) immediate safety, 2) energy and homeostasis, 3) immune system, and 4) survival of the species, meaning reproduction.
- The 5-8th sub-laws represents complex survival, meaning, social complexity.
- "Simple survival" represents simple spacetime and simple social-spacetime.
- "Complex survival" represents greater complex spacetime and greater complex social-spacetime.

3. The 1st Law of Social Fabrics: WHY it is scientifically correct and HOW it works:

WHY the 1st Law of Social Fabrics is scientifically correct:

- Biology: the first 4 sub-laws are systems of our body which turn on and off in order, based on the current state of our body and in nature.
- Individual simplicity to social complexity: the sub-laws are how our bodily systems respond to survival, homeostasis, and survival of the species interpreted through individual survival and survival of the species (1-4th sub-laws) to social complexity (5th-8th sub-laws).
- I have placed everything in its proper respective order in accordance to biology and nature.

HOW the 1st Law of Social Fabrics works (systems turning on and off in accordance to the current state of the body in nature:

Examples of SIMPLE survival:

Sub-law 1: If you are in the forest searching for food and all of a sudden a wild animal like a lion or bear starts chasing you, you will NOT continue eating or searching for food. Your body will react in accordance to flight-or-fight. You will either run away, or fight the animal.

Sub-law 2: If you come down with an illness or sickness such as the flu, your body will *reduce* food and water intake through appetite or repress it altogether, depending on the severity of the illness or sickness in order for your body to put as much ENERGY into your *immune system* to fighting the illness.

Sub-law 3: If you are about to have *sex* with someone and you find out they are bedridden due to having an illness, you will likely not engage in sex with them. Likewise, if you find out they have H.I.V., you will likely not engage in sex with them.

Examples COMPLEX survival:

Sub-law 4: If you were *planning* to have a child, and you suddenly lost your job or suffered a serious financial loss because of the ECONOMY, you will likely decide not to have a child (because of financial burden).

Sub-law 5: If you were in a LOVING relationship (6th sub-law) with your spouse and kids (family), and all of a sudden the ECONOMY got worse, or you lost your job, there is a likely chance that any financial hardship will cause problems with the relationship of your family. When parents argue, it's usually because of a financial burden, thereby likely to cause problems within the family.

Sub-law 6: the LOVE for your family takes priority over exercising. For example, during the holiday Thanks Giving, you might spend 30 minutes to an hour running outside for exercise (working off all that junk food). But the rest of the day, is spent with family.

Sub-law 7: If you become obese, you may decide to lose weight (to prevent high blood pressure), or not. If you become depressed (mental health), you may decide to protect your mental health by seeking help, or not. Protecting or not protecting a lower sub-law is the **8th sub-law**.

4. Abraham Maslow's model on the "Hierarchy of Needs," is scientifically wrong. Here's why:

- Maslow has "SAFETY" as his *second tier* in his hierarchy, which doesn't agree with our body's natural **flight-or-fight** response. According to his model, if you are eating something and suddenly a wild animal starts running towards you, you may decide to keep standing there eating. Accordingly, "SAFETY" (immediate threat) is not as important as *physiological needs* in his model, such as food. Note that Maslow has "physiological needs" as his first, most important tier. See link below.
- On Maslow's **3rd tier**, he has listed: "love, belonging, intimate relationships (meaning sex), and family." These should *not* all be clumped together in the same tier, because that would imply that all of these "needs" are of the same equal *importance*. They are not. For example, sex takes priority over family. More to that point, people risk losing their jobs over sex, and sometimes their entire careers. Secondly, *sex* is more important than *friendship*. Friendship is not required for *preservation of the species*, and reproduction should therefore be a lower tier in his hierarchy. Lastly, family is more important than friendship. Family is for life.